

OHIO RACEWALKER



VOLUME XLIX, NUMBER 3

COLUMBUS, OHIO

MAY 2013

National Title Races

USATF National 10,000 meters, Farmingville, N.Y., May 5 Women—1. Maria Michta, Walk USA 46:06.98 2. Miranda Melville, NYAC 46:09.96 3. Katie Burnett, un .48:49.92 4. Lauren Fougues, NYAC 49:40.10 5. Susan Randall, Miami Valley TC 49:40.10 6. Katie Michta (17), Walk USA 53:41.21 7. Monkia Farmer (16), Walk USA 54:04.77 8. Brittany Collins (19), Walk USA 54:30.74 9. Holly Lindoe (17), Walk USA 61:11.18 10. Cheryl Armstrong, Raleigh Walkers 63:30.11 DNF—Loretta Schuellein, World Class RW and Teresa Vaill (50), Pegasus AC

Men—1. Dan Seriani, World Class RW 45:55.94 2. David Swarts (48), Pegasus AC 47:44.74 3. Spencer Dunn (15), Maine FRW 51:44.17 4. Edward O'Rourke (51), New England Walkers 52:57.99 5. Dan O'Brien (48), Pegass AC 54:58.50 6. Bill Vayo (48) Shore AC 56:23.67 7. Jack Lazor (16) Conn. RW 57:53.11 8.. Don Lawrence (53), Fleet Feet 58:20.20 9. Brce Logan (47), Park Walkers 60:54.94 10. Robert Campbell (68), World Class RW 66:26.85 DQ—Zibigniew Sablej (510, Pegasus AC and Lee Murillo (58), un.

USATF National 15 Km, Riverside, Cal., May 19: Men—1. David Swarts (47) 1:13:04 2. Pablo Gomez(41) 1:17:20 3. Ed O'Rourke (51) 1:23:57 4. Mark Green (57) 1:24:23 5. Alexander Price (31) 1:27:26 6. Tommy Aunan (54) 1:30:07 7. Charles Brugh (57) 1:31:44 8. Michael Blanchard (51) 1:32:52 9. Joe Nieroski (51) 1:33:24 10. Alex Karzaryan (58) 1:33:52 11. Rick Campbell (67) 1:40:39 12. Byron Kaelin (52) 1:43:52 13. Jim Carmines (69) 1:46:40 14. Art Morrow (48) 1:47:34 15. John Backlund (73) 1:48:14 16. Bill Moremen (85) 1:58:17 (2 DQ)

Women—1. Miranda Melville 1:11:42 2. Erin Gray 1:11:53 3. Tammy Stevenson (43) 1:34:01 4. Marianne Martino (62) 1:35:35 5. Rebecca Garson (48) 1:37:09 6. Vicki Pritchard (54) 1:38:30 7. Wendy Clark (59) 1:43:01 8. Donna Green (60) 1:46:23 9. Darlene Backlund (67) 1:49:40 10. Sandra DeNoon (57) 1:49:48 11. Kay Brinkley (67) 1:50:14 12. Kristin Ugrob (43) 1:50:37 13. Jolene Steigerwalt (69) 1:51:10 14. Katryn Webster (62) 1:58:11 15. Denise Seyfarth (56) 1:58:23 16. Lou Kaelin (52) 1:58:45 17. Nancy Linky (66) 2:00:01 18. Lorraine Berger (47) 2:05:18 19. Anelise Smith (74) 2:07:12 (1 DQ)

European Cup: Russia Dominates

Dudince, Slovak Republic, May 18-19—Only a repeat win at 50 Km by France's Yohann Diniz prevented complete Russian domination of the European Racewalk Cup. The Russians won individual titles in the other four events (men's and women's 20 Km, under 20 men's and women's 10 Km) and swept team titles in all five events by convincing margins.

Diniz, however, was the star of the meet with an untroubled 50 Km win in 3:41:07, winning by more than 3 ½ minutes. That was 8 minutes faster than he walked at this same

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The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is \$15.00 per year. Editor and Publisher: John E. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit Street, Columbus, OH 43202. E-mail address is: jmortlan@columbus.rr.com. Approximate deadline for submission of material is the 24th of each month.

venue in March. Diniz (below) is also a two-time winner of the 50 Km in European T&F Championships. His win atoned to some degree for his disqualification in the London Olympics. He can now point to the World Championships in August.

Biding his time early, he took control of the race after 10 Km building a lead of 8 seconds by 15 and 13 at 20 (1:30:48). Mikhail Ryzhov and Ivan Noskov of Russia were trying to remain in contact and had opened a lead of a minute on the rest of the field. The lead only grew as Diniz accelerated to reach 30 Km in 2:14:05. He never let up, covering the final 20 in 1:27:05. Ryzhov finished second in 3:44:41, a game effort and a 7 minute improvement on his personal best.

Finishing in 11th was Spain's amazing veteran Jesus Angel Garcia, now 43, and recording a time only 8 minutes slower than in his Cup win on this same course 12 years ago.

Following the race, Diniz said: "It's true I seem to be inspired by European competition, and I don't know why. I like Dudince. It's a small town, but it has a big, big heart and it inspires me. The problems I had over the last two years are known, but I'm particularly pleased to have won here. Because it was very, very hot, I think it gives me even more hope for the World Championships later this year."



The women's 20 was a Russian parade, as they swept the first four places, with their fourth place finisher, Irina Yumanova, more than 2 minutes ahead of fifth placer Ana Cabecinha of Portugal.

Anisya Kirdyapkina was in command throughout, leading by 30 seconds when she hit 10 Km in 44:06. She stretched that lead to as much as 1:05 and eventually beat former world record holder and defending champion Vera Sokolova by 39 seconds as she won in 1:28:39.

After the race, Kirdyapkina betrayed an ambition far less than she achieved. "I wanted to finish at least second Russian, and no further back than sixth. During the race the heat hurt my head, but now I will be a part of the next World championships in Moscow."

The men's 20 was much different, with only 11 seconds separating the first three at the finish. However, with 2 laps (4 Km) to go, Russia's Denis Strelkov appeared to be the winner with a 35 second lead. But local hero Matej Toth and Spain's Miguel Angel Lopez had other ideas and began cutting into the lead. With a kilometer to go, Strelkov led by just 10 seconds. Strelkov found the strength to respond to the challenge and crossed the line in 1:21:40. 8 seconds ahead of Lopez, who managed to overhaul Toth in the final stages.

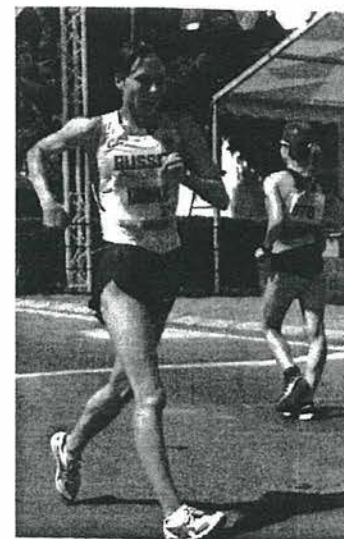
Strelkov said he "dared to dream" after setting his personal best of 1:19:53 in February. "It was very hard during the race, too hot, too hard—but I felt in fantastic form," he added. Toth noted: "Of course there was pressure to do well at home. I got a second place two years ago and have made progress since then as well. I was thinking maybe we could catch Strelkov, but he had just enough."

The men's under 20 10 Km saw another one-two Russian finish as Nikolay Markov and Pavel Pershin crossed the line together holding hands and attempting to tie. But the phototimer would have none of that and Pershin got the nod with both given a time of 41:13. Italy's Vito Minei walked alone for the second half of the race and tried to haul in the Russian, but fell 13 seconds short at the finish, but 23 seconds ahead of fourth.

The pace was fast all the way with an opening lap of 4:05 and splits of 12:10 and 20:28 at 3 and 5 Km. The Russian pair share a room at the Saransk Walking Center and after the race Pershin noted: "We are great friends in and out of training, and we wanted this to be a joint win. It doesn't matter, we know what we wanted to do."

Minei is now looking forward to the European Junior Championships in Rieti, Italy in July. "It was hot, but I live in the south of Italy, and this is normal for me," he said.

The women's 10 was no contest as Russia's Yekaterina Medvedeva won by a minute-and-a-half in 44:45. She took off at the gun and covered the first 5 in 22:03, opening 23 seconds on teammate Nadezhda Leontyeva, who was just 2 seconds ahead of Anexka Drahotova of the Czech Republic. Even though she slowed over the second half, the gap on her pursuers continued to grow as everyone struggled in the heat. So though she was nearly a minute off her personal best of 43:50, it was a good effort for Medvedeva, considering the heat and the lack of any challenge.



Anisya Kirdyapkina

The results

Women's 20 Km: 1. Anisya Kirdyapkina, Russia 1:28:39 2. Vera Sokolova, Russia 1:29:18 3. Marina Pandakova, Russia 1:29:25 4. Irina Yumanova, Russia 1:29:37 5. Ana Cabecinha, Portugal 1:31:48 5. Elionora Giorgi, Italy 1:32:09 7. Lyudmyla Olyanovska, Ukraine 1:32:30 8. Beatriz Pascual, Spain 1:32:53 10. Vera Santos, Portugal 1:32:54 11. Nastassia Yatsevich, Belarus 1:33:54 12. Lucie Pelantova, Czech Rep. 1:34:39 15. Hanna Drabenia, Belarus 1:34:55 16. Agnieszka Szarnog, Poland 1:35:30 17. Raguel Gonzalez, Spain 1:35:39 18. Brigita Virbalyte-Dimsiene, Lithuania 1:35:46 19. Paulina Bziak, Poland 1:35:53 20. Emilie Tisot, France 1:36:30 21. Katarzyna Kwoka, Poland 1:37:11 22. Julia Takacs, Spain 1:37:22 23. Olena Shumkina, Ukraine 1:37:37 24. Daryla Balknets, Belarus 1:38:00 25. Anne Halkivaha, Finland 1:38:05 26. Federica Ferraro, Italy 1:38:17 27. Alina Matveyuk, Belarus 1:38:31 28. Antigone Dribioti, Greece 1:38:46 29. Angese Pastare, Latvia 1:39:04 30. Inna Kashyna, Ukraine 1:39:11 31. Susan Feitor, Portugal 1:39:22 32. Ines Pastorino, France 1:39:35 (49 finishers, 9 DNF, no DQ's)

Team Scores: (Three person teams; cross country scoring) 1. Russia 6 2. Portugal 23 3. Spain 39 4. Ukraine 44 5. Belarus 50 6. Poland 56 7. France 88 8. Slovak Republic 117 9. Hungary 124

Men's 20 Km: 1. Denis Strilkov, Russia 1:21:40 2. Miguel Angel Lopez, Spain 1:21:48 3. Matej Toth, Slovak Rep. 1:21:51 4. Aleksandr Ivanov, Russia 1:22:15 5. Ruslan Dmytrenko, Ukraine 1:22:30 6. Erik Tysse, Norway 1:22:43 7. Joao Vieira, Portugal 1:23:03 8. Rafal Augustyn, Poland 1:23:16 9. Robert Heffernan, Ireland 1:23:26 10. Christopher Linke, Germany 1:23:28 11. Andriy Kovenko, Ukraine 1:23:34 12. Sziannis Simanovich, Belarus

1:23:41 13. Giorgio Rubino, Italy 1:23:59 14. Ivan Losev, Ukraine 1:24:05 15. Andrey Ruzavin, Russia 1:24:11 15. Lukasz, Nowak, Poland 1:24:24 17. Pyotr Trofimov, Russia 1:24:41 18 Ato Ibanez, Sweden 1:24:44 19. Ivan Trotski, Belarus 1:24:54 20. Jakub Jelonek, Poland 1:25:25 21. Andrei Talashka, Belarus 1:25:53 22. Nazar Kovalenko, Ukraine 1:26:12 23. Andreas Gustafsson, Sweden 1:26:34 24. Hagen Pohle, Germany 1:26:39 25. Heikki Kukkonen, Finland 1:26:58 26. Matteo Giupponi, Italy 1:27:01 27. Kevin Campion, France 1:27:09 28. Dukan Majdan, Slovak Rep. 1:27:10 29. Sergio Vieira, Portugal 1:27:14 30. Francisco Arcilia, Spain 1:27:19 31. Tom Bosworth, Great Britain 1:27:34 32. Vito Di Bari, Italy 1:27:42 33. Antonin Boyez, France 1:27:53 34. Arnis Rumbenieks, Latvia 1:28:52 35. Brendan Boyce, Ireland 1:28:56

Team Scores: 1. Russia 20 2. Ukraine 30 3. Poland 44 4. Belarus 52 5. Spain 68 6. Italy 71 8. Germany 83 9. Portugal 86 10. Ireland 91 11. France 109 12. Czech Republic 136 13. Hungary 148 14. Turkey 179 (62 finishers, 9 DNF, 4 DQ)

Men's 50 Km: 1. Yohann Diniz, France 3:41:07 2. Mikhail Ryzhov, Russia 3:44:41 3. Ivan Noskov, Russia 3:45:31 4. Ihor Hlavan, Ukraine 3:46:09 5. Grzegorz Sudol, Poland 3:46:41 6. Ivan Banzeruk, Ukraine 3:47:35 7. Konstantin Maksimov, Russia 3:47:48 8. Rafal Sikora, Poland 3:48:13 9. Serhiy Budza, Ukraine 3:49:24 10. Alexandros Papamihail, Greece 3:51:05 11. Jesus Angel Garcia, Spain 3:52:37 (The great veteran rolls on at age 43) 12. Claudio Villanueva, Spain 3:52:39 13. Oleksiy Kazanin, Ukraine 3:54:40 14. Jose Ignacio Diaz, Spain 3:54:47 15. Jean-Jacques Nkuloukidi, Italy 3:56:32 16. Teodorico Caporaso, Italy 3:56:45 17. Pedro Isidro, Portugal 3:57:09 18. Michal Stasiewicz, Poland 3:57:09 19. Mikel Odriozola, Spain 4:02:47 20. Lorenzo Dessi, Italy 4:06:44 21. Michael, Doyle, Ireland 4:08:02 22. Cedric Houssaye, France 4:08:09 23. Xavier Le Coz, France 4:09:40 24. Pedro Martins, Portugal 4:12:37 25. Luis Gil, Portugal 4:13:02 (34 finishers, 7 DNF, 8 DQ's)

Team Scores: 1. Russia 12 2. Ukraine 19 3. Poland 31 4. Spain 37 5. France 46 6. Italy 51 7. Portugal 66 8. Belarus 87 9. Slovak Republic 93

Women's Under 20 20 Km 1. Yekaterina Medvedyeva, Russia 44:45 2. Nadezhda Leontyeva, Russia 46:14 3. Anezka Drahotova, Czech Rep. 47:04 4. Oksana Golyatkina, Russia 47:04 5. Viktoriya Rashchukina, Belarus 48:23 6. Noemi Stella, Italy 48:35 7. Laura Bvarcia-Canao, Spain 48:47 8. Eliska Drahotova, Czech Rep. 49:01 9. Gamze Ozgur, Turkey 49:31 10. Nastassia Rodzina, Belarus 49:38 11. Gintare Viaiciukeviciute, Lithuania 49:50 12. Marilena Chojecka, Poland 49:57 13. Maria Perez, Spain 50:00 (44 finishers, 2 DNF)

Team Scores: (Two person teams): 1. Russia 3 2. Czech Republic 11 3. Belarus 15 4. Spain 20 5. Italy 23 6. Portugal 29 7. Lithuania 31 8. Poland 34 9. Ukraine 37 10. Turkey 50 11. Hungary 54 12. Finland 54 13. Slovak Republic 57 14. Germany 67

Men's Under 20 10 Km: 1. Pavel Pershin, Russia 41:13 2. Nikolay Markov, Russia 41:13 3. Vito Minei, Italy 41:26 4. Marius Savelskis, Lithuania 42:49 5. Marc Tur, Spain 42:55 6. Konstandinos Dedopoulos, Greece 43:10 7. Sahin Senoduncu, Turkey 43:21 8. Diego Garcia, Spain 43:41 9. Francesco Fortunato, Italy 44:00 10. Jamie Higgins, Great Britain 44:08 11. Miguel Carvalho, Portugal 44:17 12. Damir Bvaybikov, Russia 44:21 13. Adrian Dragomir, Romania 44:37 14. Luke Hickey, Ireland 44:49 15. Yuriy Shvaryk, Ukraine 44:58 (49 finishers, 1 DNF, 5 DQ)

Team Scores: 1. Russia 3 2. Italy 12 3. Spain 13 4. Greece 22 5. Lithuania 32 6. Ukraine 34 7. Portugal 36 8. Finland 41 9. France 43 10. Romania 50 11. Hungary 50 12. Great Britain 51 13. Czech Republic 55 14. Germany 58 15. Poland 59 16. Slovak Republic 63 17. Latvia 74 18. Belarus 75

Total Team Points: 1. Russia 44 2. Ukraine 166 3. Spain 177 4. Italy 189 5. Poland 224 6. Portugal 240 7. Belarus 279 8. Slovakia 412

Dunfee, Michta Shine At Penn Relays

Philadelphia, April 27—Canadian ace Evan Dunfee scored an easy win in the 10 Km race at the historic Penn Relays grinding out an impressive 40:51.37 to beat Nick Christie by 52 seconds. On the women's side, Maria Michta won at 5 Km in an impressive 22:17.91. Junior 4 Km winners were Alex Peters, who easily beat brother Anthony in a personal best 48:00.96 and Brittney Collins. Maria's younger sister, Katie, won a high school 5 Km. The results:

Men's 10 Km—1. Evan Dunfee, Race Walk West 40:51.37 2. Nick Christie, Missouri Baptist U. 42:39.44 3. Jonathan Hallman, Shore AC 43:05.24 4. Alex Chavez, Missouri Baptist 43:23.30 5. Cody Risch, Cornerstone U. 44:29.63 56. Michael Mannozi, Shore AC 44:30.19 7. Dan Serianni, World Class RW 51:49.07 8 DQ—Bruno Carriere and Nathan Vanderwall

Masters 10 Km—1. Bill Vayo, Shore AC 55:54.38

Jr. Men's 10 Km—1. Alex Peters, Elgin Sharks 48:00.96 2. Anthony Peters, Elgin Sharks 49:45.10 3. Spencer Dunn, Maine RW 52:13.76 4. Geraldo Flores, South Texas WC 52:53.98

Women's 5 Km—1. Maria Michta, Walk USA 22:17.91 2. Miranda Melville, NYAC 22:48.90 3. Katie Bvurnett, un. 23:5034 4. Susan Randall, Miami Valley TC 24:02.54 5. Laruren Forgues, NYAC 24:04.40 6. Mereth Zelba, Missouri Baptist 24:17.55 7. Rachael Tylock, Mansfield U. 25:00.03

Jr. Women's 5 Km—1. Brittney Collins, Walk USA 25:36.92 2. Abby Dunn, Goshen College 26:12.55 3. Molly Josephs, SE Kansas Walkers 26:46.23 5. Nicole Court-Menendez, Dakota Wesleyan 28:01.61 6. Amberley Melendez, South Texas WC 28:11.90 7. Kasandra Rodriguez, South Texas 28:29.18 8. Cassandra Delgado, Elgin Sharks 29:29.11

High School 5 Km—1. Katie Michta 25:16.97 2. Monika Farmer 25:22.90 3. Annica Penn 26:09.68 4. Holly Lindoe 26:25.10 5. Jiwon Kong 26:26.92 6. Natalie DeQuarto 26:28.81 7. Sophia Mahin 26:30.33 8. Melissa Tylock 27:11.21 9. Allison McConville 27:41.22 10. Courtney Kienan 27:50.02 11. Sara La Porta 27:58.22 12. Valerie Auciello 29:33.42

IAAF 20 Km Challenge Races at Sesto San Giovanni, Italy, May 1

Women—1. Elena Lashmanova, Russia 1:32:07 2. Ines Henriques, Portugal 1:33:06 3. Ana Cabecinha, Portugal 1:33:18 4. Kumo Otoshi, Japan 1:33:46 5. Lucie Pelantova, Czech Rep. 1:33:54 6. Jess Rothwell, Australia 1:34:13 7. Ainhua Pinedo, Spain 1:34:49 8. Vera Santos, Portugal 1:35:20 9. Julia Takacs, Spain 1:35:41 10. Masumi Fuchise, Japan 1:38:18 11. Susan Feitor, Portugal 1:29:43 12. Maria Larios, Spain 1:44:02 13. Nicole Colombi, Italy 1:52:07 DQ—Tanya Holliday, Australia, 2 DNF

Men—1. Matej Toth, Slovak Rep. 1:22:02 2. Jakub Jelonek, Poland 1:22:29 3. Dane Bird-Smith, Australia 1:23 18 4. Yusuke Suzuki, Japan 1:24:03 5. Joao Vieira, Portugal 1:24:28 6. Rafal Augustyn, Poland 1:24:46 7. Rhydian Cowley, Australia 1:25:45 8. Luis Fernando Lopez, Colombia 1:25:53 9. Dzianis Simanovich, Belarus 1:26:30 10. Emersn Hernandez, El Salvador 1:26:34 11. Mikel Odriozola, Spain 1:28:36 12. Takaki Matsuzaki, Japan 1:29:25 13. Massimo Stano, Italy 1:29:53 14. Mirko Dolci, Italy 1:29:58 15. Karel Ketner, Czech Rep. 1:31:35 (2 finishers, 5 DQ, 4 DNF)

Other results

3000 meters, Seacoast, N.H., May 19—1. Spencer Dunn (15) 25:41.4 2. Bob Keating (66) 27:48.5 3. Brian Savilonis (62) 30:28.5 4. Kiyoshi Imai (55) 30:35.2 5. Charles Mansbach (68) 35:19.6 **Women**—1. Kahyla Allen (14) 28:26.4 2. Sydney Sirosis (14) 28:36.5 3. Kim McGreevey (52) 38:14.4 **Girl's H.S. 1500 meters, Bayside, N.Y.**—1. Sophia Mahin 7:15.70 2. J Won Kang 7:53.50 3. Michelle Szeto 7:55.60 4. Karen Su 7:55.70 5. Patricia Wang 7:59.90 6. Gariels Kluzinski 8:12.20 (16 finishers) **Women's 5 Km, Penfield, N.Y., May 5**—1. Melissa Tylock (15) 28:15.02 2. Bailey Kem (17) 28:27.01 3. Jessica Solomon (15) 30:55.41 **Women's**

10 Km, same place—1. Rachel Tylock (20) 53:46.73 **New Jersey 20 Km, Freehold, May 11**—1. Dave Talcott (53) 1:44:26 2. John Fredericks (65) 2:13:55 3. Fred Linkhart (60) 2:24:01 4. Pat Bivona (72) 2:29:41 **15 Km, same place**—1. Panse Geer (66) 1:50:52 **12.5 Km, same place**—1. Erin Taylor-Talcott 1:12:24 **20,000 meters, Point Pleasant, N.J., May 19**—1. Tim Chelius (50+) 2:19:15 2. Tom Quattrocchi, (60+) 2:27:27 3. Dr. Pat Bivona (70+) 2:35:06 4. Ben Ottmer (70) 2:50:02 **Women**—1. Maria Paul (40+) 2:30:07 **10,000 meters, same place**—1. Fred Linkhart (60+) 1:09:29 2. Ron Salvio (60+) 1:12:55 **Women**—1. Panse Geer (60+) 1:11:50 **5000 meters, same place**—1. Melissa Endy (14) 29:52 2. Grace Endy (11) 35:57 **Jack Mortland Walks, Dayton, Ohio, May 5: 20 Km**—1. Mike Nemeth 1:40:29 2. Joel Pfahler 1:41:53 3. Jill Cobb 1:58:46 10 Km—1. Joyce Prohaska (62) 1:08:15 5 Km—1. Ed Fitch 29:10 2. Taylor Ewert (F11) 31:22 3. Barb Hensley (69) 39:27 **5000 meters, Mid South Conference, Williamsburg, Kentucky, April 26**—1. Bernard Graham, Lindsey Wilson 28:27.10 2. Raymond Bettman-hodge, Cumberlands 29:13.11 3. Forrest Reed, Shawnee State 31:59.32 (8 finishers) **Women**—1. Reine Brickson, Lindsey Wilson 27:46.50 2. Amanda Bland, Lindsey Wilson 27:55.02 3. Jourdann Green, Lindsey Wilson 30:12.91 4. Ashley Cakpos, Cumberlands 31:37.34 (11 finishers) **5000 meters, Maywood, Ill, May 12**—1. Abbe Dunn, Goshen College 25:30 2. Brianna Griffith, Goshen 26:45 3. Mercedes Mancha, St. Xavier U. 27:49 4. Cassandra Delgado (17) 28:33 6. Kayula Ovokaitysi (19) Cornerstone U. 28:54 7. Anali Cisneros (15) 29:44 8. Nayeli Cisneros (14) 31:47 **Men**—1. Nathan Vanderwall, Cornerstone 22:41 2. Alex Peters (17) 23:42 3. Anthony Peters (17) 23:48 4. Jake Gunderkline, Goshen 24:28 6. Mitchell Brickson, Goshen 25:20 7. Aleksandr Jakobsen, Ashford U. 26:45 8. Kolton Nay, Goshen 27:29 9. Klaus Thiedmann(58) 28:28 10. Angelo Petrers (12) 29:06 **5 Km, Prairie Springs, Wis., May 5**—1. Will Preischel (52) 26:54 10 Km, same place—1. Klaus Thiedmann 58:36 20 Km, same place—1. Pablo Gomez (41) 1:48:43 30 Km, same place—1. Ray Sharp (53) 2:49:44 **3000 meters, Houston, May 16**—1. Tor Guttusroed 15:45 2. Dave Gwyn 21:40 DNF—Lojza Vosta 10 Km, Denver, April 27—1. Marianne Mino 63:48 2. Rita Sinkovec 74:09 **1500 meters, Stanford U., Cal.**—1. Shoja Torabian (60+) 8:42.4 2. Chris Sakelarios (50+) 9:08.7 (a strong competitor in the women's ranks in the '80s) 3. Jeanne Figone (60+) 9:16.4 4. Ronald Msakian (60+) 9:27.8. . .13. Thelma Rubin (91) 17:22.9 **5000 meters, same place**—1. Shoja Torabian 32:13.8 2. Jeanne Figone 33:48.6 3. Ronald Msarian 34:42.6 (8 finishers) **U.S. Masters 15 Km, Huntington Beach, Cal., March 17**—Men 35:1. Francisco Pantoja 1:28:05 2. John Nunn 1:32:03 **Men 40**—1. Tim Seaman (40+) 1:28:05 2. Pablo Gomez 1:45:38 **Men 45**—1. Art Morrow 2:32:56 **Men 50**—1. Ian Whately 1:42:42 2. Dave Talcott 1:45:53 **Men 55**—1. Mark Green 1:53:53 2. Tucker Brugh 2:05:44 **Men 70**—1. John Backlund 2:24:10 2. Bernie Finch 3:05:46 **Men 80**—1. Max Green 2:31:57 2. Jack Starr 2:36:59 **Men 80**—1. Bill Moremen 2:38:38 **Women 35**—1. Susan Randall 1:42:09 **Women 40**—1. Susan Brooke 1:56:22 2. Katie Grimes 2:01:05 **Women 50**—1. Teresa Vaill 1:41:05 2. Vicki Pritchard 2:11:29 **Women 55**—1. Wendy Clark 2:21:28 **Women 65**—1. Darlene Backlund 2:27:31 2. Jolene Steigwerwalt 2:38:28 **10,000 meters, Vera Cruz, Mexico**—1. Ever Palma 40:40.21 2. Adrian Ochoa 40:40.29 3. Julius Salazar 41:15.36 **Indian Championships, Patiala, April 24: Women's 20 Km**—1. Koshbir Kaur 1:38:03 2. Rani Yader 1:42:28 3. Ranjana Gupta 1:44:43 4. Shanti Kumari 1:44:44 (9 finishers) **Men's 20 Km**—1. Banj Panucha 1:24:38 2. Kuldeep 1:24:47 3. Sandeep Kumar 1:26:07 4. Devander Singh 1:26:19 5. Gurpreet Singh 1:26:39 6. Ganpati 1:26:47 7. Jitendra Singh 1:27:22 8. Mani Paatael 1:27:28 9. Basant Rana 1:27:49 10. Ashish 1:27:50 11. Deepak Kumar 1:27:56 12. Daya Shankar 1:29:37 (27 finishers) **Lithuanian Championships, Birstanas, April 28: Men's 20 Km**—1. Marius Ziukis 1:23:43 2. Genedij Koslowskij 1:28:15 3. Yauken Tsitsiek 1:31:21 **Women's 10 Km**—1. Agnese Pastare 45:19 2. Brigita Virbalyte 45:29 3. Nadzeya Darazhuk 47:35 **20 Km, Hungary, April 28**—1. Vladyslav Svidnytski, Ukraine 1:28:34 2. Sandor Raiz 1:30:21 (18 Finishers) **Women's 20 Km, same place**—1.

Viktoria Madaarsz 1:39:07 2. Anet Torma 1:47:38 (12 finishers) **3000 meters, Reims, France, May 5**—1. Paulina Buziak, Poland 13:07.32 2. Agnieszka Dygacz, Poland 13:30.11 **5000 meters, same place**—1. Yohan Diniz 18:33.32 2. Cedric Hossaye 20:01.19 3. Bertrand Moulinet 20:44.86 **3000 meters, St. Etienne, France, May 5**—1. Sylwia Korseniowska 13:21.94 **5000 meters, same place**—1. Hedi Teraoui, Tunisia 19:48.32 2. Djaniet Salsolda 20:43.45 3. Guillaume Dujour 20:44.74 **3000 meters, Air En Provence, France, May 5**—1. Inez Pastorino 13:31.04 2. Corrinne Baudoin 13:56.83 **5000 meters, same place**—1. Hassanine Sebei, Tunisia 19:57.67 **3000 meters, Franconville, France, May 4**—1. Christine Guinaudeay 13:37.77 2. Lucie Auffrei 13:47.15 **5000 meters, same place**—1. Hatem Goula, Tunisia 19:59.92 2. Auralion Quinion 20:48.90 **3000 meters, Liborne, France, May 4**—1. Amandine Marca 13:42.11 **10 Km, Mondovi, Italy, May**—1. Elisa Rigaud 42:29.06 **Japanese 50 Km, Sabado, April 27**—1. Tani Takayuki 3:44:25 2. Morioka Koichiro 3:50:51 3. Higuma Takafumi 3:59:54 4. Sakuma Takahiro 4:13:13 (14 finishers) **20 Km, Naumburg, Germany, April 28**—1. Quentin Rew, New Zealand 1:22:16 2. Hagen Pohle 1:23:37 3. Christopher Linke 1:23:34 4. Carl Sohrmann 1:23:55 5. Nils Gloger 1:24:01 6. Brendan Boyce, Ireland 1:24:38 7. Cristian Gomez, Mexico 1:25:02 8. Nils Brembach 1:25:35 9. Marcel Lehmberg 1:27:14 10. Aleks Ojala, Norway 1:27:33 11. Creighton Connolly, Canada 1:29:13 (47 finishers, 4 DNF, 2 DQ) **5000 meters, Spain, May 5**—1. Diego Garcia (17) 20:04.91 **Chinese National Games, Shengyang, May 12: Women's 20 Km**—1. Xiuzhi Lu 1:27:33 2. Hong Liu 1:27:33 3. Yanfei Li 1:28:03 4. Quiyang Shenjie 1:28:05 5. Huanhuan Sun 1:28:16 **Men's 20 Km**—1. Zhan Wang 1:19:54 2. Zelin Cai 1:20:17 3. Tongda Bian 1:22:41 **50 Km**—1. Quiakho Wu 3:51:35 2. Jianbo Li 3:52:12 3. Tianfang Si 3:53:19 4. Jianguo Zhao 3:53:30 5. Zhiyan Geng 3:59:15 6. Youngqiang He 4:02:17

For Your Racewalking Pleasure

Sat. June 1	5 and 10 Km, Royal Oak, Mich. (F) 5 Km, Albany, N.Y. (H)
Sun. June 2	Ohio 1 Hour, Yellow Springs (M)
Sat. June 8	10 Km, Portsmouth, N.H. (S)
Sun. June 9	Jr. 5000 meters, Farmingville, N.Y. (K)
Sat/ June 15	Eastern Regional 5000 meters, New York, N.Y., 3:15 pm (S)
Sun. June 16	5 Km, Royal Oak, Mich. (F)
Fri. June 22	National USATF Men's 20,000 meters and Jr. Men's 10,000 meters, Des Moines, Iowa (D)
Sat. June 23	National USATF Women's 20,000 meters and Jr. Women's 10,000 meters, Des Moines, Iowa (D)
Sat. June 29	USATF Niagara 5000 meters (S)
Thur. July 4	1 and 2 miles, Royal Oak, Mich. O(F)
Fri. July 12	National USATF Masters 5,000 meters, Olathe, Kansas (D)
Sun. July 14	National USATF Masters 10 Km Olathe, Kansas (D)
Fri. July 19	1 Mile and 3000 meters, Yellow Springs, Ohio (M)
Sat. Aug. 10	1 Mile, Lakewood, N.J., 8:30 am (W)
Sun. Aug. 11	Weinacker Cup 10 Km, Port Huron, Mich. (F)
Thur. Aug. 15	10 Km, Portsmouth, N.H. (E)
Sat. Aug. 24	Crim 10 Mile, Flint, Mich. (F)
Sat. Sept. 7	10 Km, Manchester, N.J., 9 am (W)
Sat. Sept. 21	Michigan 1 Hour, Madison Heights (F)
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 Z--Roger Burrows, roger@bytownwalkerfs.ca

From Heel To Toe

Shoes. This from super-vet Bob Mimm: Regarding your recent inputs on shoes, I was pleased to see Nikes were only mentioned a time or two. In my last visit to China, I was able to tour several sites in the Chinese prison system. In one, I observed prisoners making shoes. I was told they were making Nikes and were getting less than 40 cents for each pair they made. This certainly is an indication of why Nike can give 60 million dollars a year to persons like Tiger Woods. Yet, I was told I had to buy and wear a shirt from Nike to compete in the World Masters Championships. This is why I did not compete in Sacramento. This is the first world meet I missed since the first one in Canada in 1975. (When Bob was a youngster of 50.) I find most shoes too rigid. When shopping for shoes, my first test is to see if I can bend the shoes back from the toe section. (Ed: Exactly what I have always done, Bob. Great minds, you know.) If there is no flexibility, I know they will not be comfortable. I'm now wearing Asics. (He listed another shoe, but I couldn't quite read his writing on that one.) . . . **It's a small world.** Earlier this month Marty and I vacationed in Ontario--four days at the Shaw Festival in Niagara-on-the-Lake and five at the Shakespeare Festival in Stratford. At breakfast one morning in Stratford, we were joined by four ladies from the Toronto area who had come over for just one play and then spent the night at the same B&B we were patronizing. All were 50ish, I would guess, and were teachers, either active or retired. Three of them were phys ed teachers, giving them common ground with Marty. The conversation was a joy. In the course of that conversation, it came out that one of my retirement activities was editing and publishing a newsletter on racewalking. One of the ladies volunteered, "I knew a racewalker who was a good friend of my father." "What was his name?" I asked. "Felix Capella", she replied. "I knew Felix", said I. Felix, along with Alex Oakley and Karl Merschenz was one of a trio of

outstanding racewalkers, that would show up at some of our nationals in the mid-60s. I remember him as very pleasant and friendly, and quite competitive. I now find that we almost shared a birthday--he was born Jan. 24, 1930, I on Jan. 23, 1935. Felix finished seventh in our National 40 Km in 1962 in a time of 3:46:10. In 1963, he came to Chicago for the 20 Km and gave me a good race, finishing seventh again in 1:39:43, two places and 69 seconds behind me. Oakley was also there, finishing third behind the two Rons--Laird and Zinn. Akos Szekely was third. Felix was back in the fall for the 15 Km in Atlantic City, where I beat him by just 9 seconds as we finished fourth and fifth. Oakley was second in that one with Laird in front. Felix was on the Canadian team for the Pan-American Games in Sao Paulo that year. He got better with age, and in 1967 he walked a 1:36:42 at the Canadian Pan-Am Trial and then finished third in the Games themselves in Winnipeg with a 1:35:44.6 behind Laird and Mexico's Jose Pedraza. He topped those Games off with a second place finish in the 50 behind Larry Young, finishing in 4:35:55. In 1970 at age 40, he finished fifth in the Empire Games 20 Mile in 2:45:16. Thus ends my knowledge of the fine career of a great competitor who was a pleasure to compete against. The lady in Stratford hadn't seen Felix for years and thought he was deceased. I haven't seen him for years either, but it was great to recall our brief companionship. . .

Stan Vickers

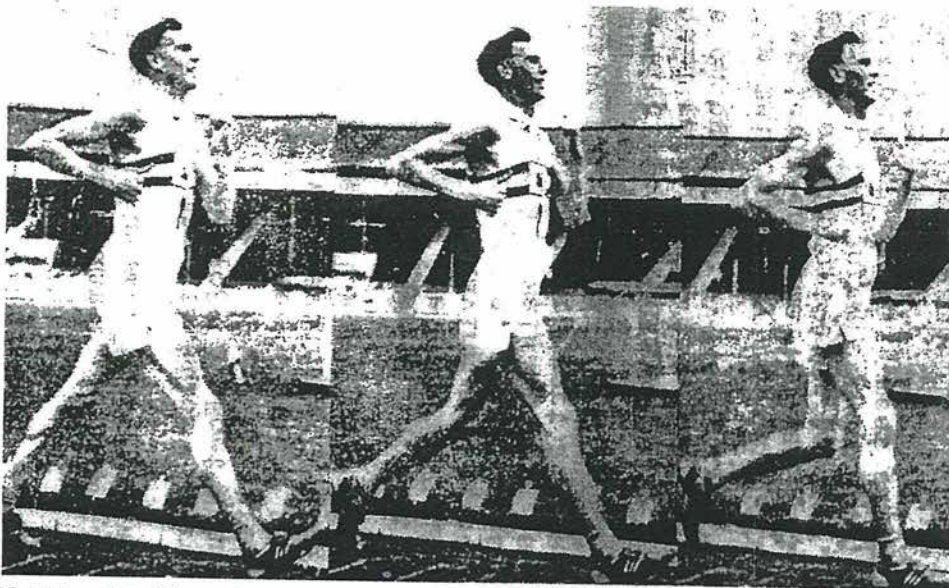
From John Knifton, U.S. International racewalker in the late '60s and early '70s now living in Austin, Texas

It was with sadness that I read in your April edition of the Ohio Racewalker of the passing of Stan Vickers. Stan was an incredibly gifted racewalker, stylist and a fine gentleman; he and I both competed for the Belgrave Harriers Athletic Club in London and so I got to know Stan quite well. A month after he returned from Melbourne in 1956 (after placing fifth in the 20) Belgrave had their junior (under 18) 5 mile racewalk--I won and Stan presented me with an autographed boomerang that he had purchased in Australia. I was very touched by the gift and kept it for many years, even bringing it to America in 1965. During the late '50s and early '60s, Stan led our Belgrave team to a number of British national team titles and while Stan was always our first finisher, I was lucky to garnish the third or fourth team member slot. Of course, Stan's outstanding accomplishments must include his European 20 Km title and his bronze medal in the 1960 Olympic, but I have two anecdotes that also help to tell his story:

o At the British T&F Championships at White City Stadium in the early 1960's, Stan Vickers and Ken Matthews (Olympic gold medalist at 20 Km in 1964) were lined up on the cinder track for the 2 mile walk. The two men waded stride-for-stride for 7 and a half laps; the 30,000 fans in the stands were on their feet. Stan then switched to another gear and literally walked away from Ken over the last 200 yards when both men were traveling at close to a 6 minute mile pace. What was really incredible about that finishing burst was that Stan was clearly racewalking every step of that finishing spurt. There was no "flight" phase and as proof I am sending pictures of Stan taken over the last 100 yards of that race. These pictures have been widely circulated over the years and are often used by leading coaches as illustrative of an international "stylist"!

o The second story relates to Stan winning British National titles at distances from 2 to 20 miles. One year, Belgrave had a very strong team for the National 50 Km and Stan was persuaded to walk even though the distance was way beyond his usual range. Well, the race proceeded and in the closing stages he found himself out in front, even leading the Olympic Gold Medalist, Don Thompson. But Stan knew that second Belgrave man, Eric Hall (also a 1956 Olympian) really wanted to win this championship. So, with the national title within his grasp, Stan stopped and went back for Eric Hall to help Eric win the championship. How often do you see that happen in a national 50?

John Sent a series of eight photos showing Vickers progressing through a full stride. They were apparently taken from some coaching manual. Here are the first three in the series, together with the comments concerning them.



Notable points: Figure 1. The almost straight trunk as the full stride is made. The slight lean (never more than five degrees) is helping to put the forward foot down safely. The rear leg is well braced, while the front leg with foot at right angles is about to make the second contact. The front knee is not quite locked (note the pull of the hamstring underneath and this both prevents jar to the hip socket and also enables the upper thigh muscles to assist in the body carry-over from this dead position. The hands are at their maximum movement and since the elbow is well bent on the right arm it is obvious that the arm drive is in this point.

Figure 2. The rear leg has begun to break as the weight is transferred to the front toe of which the foot is dropping and the knee straightening. It is worth noting that even yet both feet are still in contact.

Figure 3. The real transference of weight as the front foot is firmly planted, the knee still slightly bent and still assisting the body carry over while the rear leg is being abducted under the body. It will also be seen that the body carriage has reverted to the upright to counterbalance the forward movement of the rear leg.

Progress (?) At the Elite Level in U.S. Racewalking

In the December 1996 issue of the ORW, I published the following:

As a matter of curiosity, I have gone back through U.S. Lists for the three major events from 1972 on and charted the depth of performance. The following tables show a series of times for each of the three major events (women's 10, men's 20 and 50) and the number of athletes that have been at, or under, that time each year. For example, in 1996, we had 5 women walk 46 minutes or better, 10 at 48:00 or better, 16 at 50:00 or better, and so on. For the women, (we have lists only back to 1978 because there was practically no competition at distances beyond 5 Km until that year), we can see steady progress in the depth of performance up to about 1990 and then a leveling off. The peak in real depth (those under 52 and 55) was

reached in 1995, and the most under 50 minutes came in 1992, but 1996 was the best year at the very top (5 at 46:00 or better and 10 at 48:00). So our women are continuing to improve at the top, but it would appear fewer are making the serious effort at achieving competitive times than four or five years ago.

The same story of continuing progress isn't seen for the men. In the 20, we did have five at 1:27, matching the peak in 1991, but there were no more under 1:30 than in 1990 and fewer than in 1984; the number under 1:36, matching 1994, was the fewest since 1987, and the number under 1:40 was the fewest since 1981. Way back in 1979 there were 36 under 1:40, compared to 23 this year. And even in 1972, when no one broke 1:30 and only three 1:33, there were 20 under 1:40. Also, look at 1984. There were fewer at 1:27, but significantly more at every other level than this year. So, where is the progress in our program. Likewise, in the 50, this year's two under 4 hours matched 1995, 1988, and 1987, and the four under 4:10 was bettered only in 1994 and 1988, with five. But, when we look at those under 5 hours, a time that takes some dedicated effort, there have been only two years since 1977 with fewer than this year's 12 athletes. The peak was in 1979, when 32 walkers went under 5 hours! And, there were 20 under 4:40 that year, compared to 12 this year. Well, look at the numbers and draw your own conclusions. (Note I had arbitrarily decided that times of 1:40 and 5:00 for men and 55:00 for women required very serious training efforts and the outer limits of what we would consider elite walkers.)

That was in 1996. I have updated the tables through 2012, adding the women's 20 Km in 1998 and dropping the 10 Km in 1999 when the 20 had finally become the primary distance for women, choosing 1:55 as the outer level of elitism.) (We still await meaningful competition for women at 50). Again, I will let you study the numbers and draw your own conclusions, but, there is no good news to report about the depth of competition at the elite level. The numbers continued to drop and have stagnated, particularly on the men's side. The women had a peak year in 2000, but that only appears as an anomaly now.

Year	Men's 20 Km					Men's 50 Km				
	1:27	1:30	1:33	1:36	1:40	4:00	4:10	4:20	4:40	5:00
1972	0	0	3	9	20	0	1	2	13	20
1973	0	0	2	7	11	0	0	1	6	14
1974	0	0	1	6	11	0	0	0	2	8
1975	0	0	2	11	17	0	0	1	6	11
1976	0	1	2	12	22	0	0	2	5	8
1977	0	1	2	6	12	0	0	1	10	14
1978	0	0	2	10	19	0	0	0	8	12
1979	1	4	9	18	37	0	0	4	20	32
1980	2	4	11	18	24	1	2	5	12	24
1981	1	4	7	8	17	0	1	3	11	23
1982	3	4	6	13	26	0	1	1	7	20
1983	1	7	12	19	32	1	3	5	13	26
1984	3	13	25	27	32	1	2	7	14	23
1985	0	6	10	17	28	0	0	2	6	16
1986	3	6	16	26	38	0	1	2	7	11
1987	3	8	17	25	40	2	3	5	17	21
1988	2	7	28	33	43	2	5	8	9	24
1989	1	8	12	24	31	0	2	4	10	13
1990	1	11	20	26	33	0	0	6	10	15
1991	5	12	19	24	32	0	3	9	17	23
1992	3	15	22	28	33	0	3	6	10	12
1993	2	8	16	24	30	0	2	4	9	13

Year	1:27	1:30	1:33	1:36	1:40	4:00	4:10	4:20	4:40	5:00
1994	1	6	15	21	27	1	5	6	8	9
1995	2	13	19	23	28	2	4	7	11	18
1996	5	11	16	21	23	2	4	9	12	12
1997	4	6	10	12	17	1	2	6	7	7
1998	2	2	4	8	13	1	3	4	8	9
1999	7	9	11	14	20	4	4	5	12	15
2000	4	6	10	12	15	2	3	3	7	8
2001	3	5	6	8	10	2	2	3	6	7
2002	2	8	11	13	15	2	4	5	7	9
2003	4	8	11	15	16	0	1	2	7	12
2004	4	4	8	13	18	2	3	4	7	11
2005	1	2	3	8	9	0	1	2	4	5
2006	2	3	5	11	13	0	0	1	5	6
2007	2	4	5	10	13	0	2	4	11	13
2008	1	4	7	12	13	0	1	2	4	6
2009	2	6	7	7	10	0	0	0	1	1
2010	2	2	3	5	10	0	0	0	4	6
2011	3	4	6	13	17	0	0	4	7	10
2012	3	4	6	9	12	0	2	4	8	11

Women's 10 Km

Year	46:00	48:00	50:00	52:00	55:00
1978	0	0	0	1	4
1979	0	0	0	4	9
1980	0	0	0	4	9
1981	0	0	1	2	11
1982	0	0	3	5	12
1983	0	1	3	5	17
1984	0	1	1	5	15
1985	0	0	3	6	15
1986	0	1	4	9	16
1987	0	5	5	9	24
1988	0	2	8	11	20
1989	0	3	8	12	31
1990	2	6	9	24	37
1991	3	8	17	26	36
1992	4	9	19	30	40
1993	2	7	18	28	37
1994	2	7	13	18	36
1995	4	7	16	32	45
1996	5	10	16	23	37
1997	2	6	13	17	25
1998	2	5	12	16	23

Women's 20 Km

Year	1:35	1:38	1:42	1:46	1:50	1:55
1998	1	2	6	8	11	12
1999	2	7	9	10	13	13
2000	5	11	11	15	23	28
2001	2	5	6	8	10	10
2002	2	3	5	8	10	12
2003	2	2	7	9	11	15

Year	1L35	1:30	1:42	1:46	1:50	1:55
2004	3	3	7	9	13	19
2005	1	3	6	7	10	13
2006	1	4	6	8	12	12
2007	2	2	6	7	11	20
2008	1	2	5	11	14	18
2009	0	1	3	3	5	9
2010	0	1	3	6	10	13
2011	1	3	8	9	10	11
2012	2	5	8	9	14	18

I welcome all comments.

Strolling Through American History and Spectacular Scenery: The New England Walkers Club

by Tony Miksanek (From the National Masters News)

New England. This northeastern region of the United States calls to mind our history—pilgrims and Plymouth Colony, the Boston Tea Party, and Paul Revere. And boasts gorgeous geography—coastlines, hills, mountains, and autumn leaves. And is famous for maple syrup, Maine lobster, and Ivy League schools, including Harvard and Yale. Perhaps less-well-known is a hardy group of walkers hailing primarily from Massachusetts and New Hampshire with a few from Vermont and Rhode Island too—the New England Walkers Club.

Founded in 1982, the New England Walkers (NEW) number about 50 active members, but almost 150 folks are involved with the club in one way or another. The majority of members are over the age of 50. The New England Walkers have only ever had one Club President, Thomas Knatt. Tom is a graduate of the Massachusetts Institute of Technology with a degree in science and the humanities. He has worked for WGBH-TV in Boston and for the MIT Instrumentation Lab, where he wrote a navigational software program for the Apollo space project. For a long time, he has designed and constructed musical instruments, primarily guitars and violins. Tom began walking competitively in 1969. He participated in the U.S. Olympic Racewalking Trials in 1972 and 1976. He was also a member of the 1975 American team that competed for the Lugano Cup in France.

Although Tom has manned the helm of the New England Walkers for 30 years, he has been ably assisted by Ed O'Rourke. For the past 2 years, Ed has served as Vice-President of the club. Like Tom, he also resides in Groton, Massachusetts. Ed's professional background is environmental consulting and geotechnical engineering. Ed has been in both the 1984 and 1988 U.S. Olympic Racewalking Trials. He participated in the Junior Pan Am Games 10 Km walk in 1980. While in high school in New York, he set the 1 mile racewalk record for high schoolers. That mark, 6:40 stood for many years. His personal record time for the mile is 5:38, which remains one of the fastest U.S. performances in the event ever.

Other notable Masters members of the club include Bob Keating, 65, who enjoys competing in ultra distances. He recently walked a 100 mile course in New Hampshire and a 116 mile event in Florida. Bob racewalked at the 1984 U.S. Olympic Trials and was a 100 Km racewalk National Champion in 1982. Brian Savilonis is another member of the group who walks in ultra distance meets.

Both Tom and Ed are proud of their club and the accomplishments of its members. They cherish the friendships that have been forged. Ed especially encourages people in midlife to take up walking as an effective and enjoyable form of exercise that is easier on the joints than running. Although most members of NEW are masters, Tom is making a recruiting pitch for younger people also. He'd like to see more high school athletes et involved in the sport.

The NEW website (racewalkers.com) is friendly and informative. Members of NEW

can be spotted wearing spiffy blue club singlets. For those walkers living in the New England area, the club offers instruction competition, camaraderie, and training opportunities.

LOOKING BACK

50 Years Ago (From the May 1963 American Race Walker, published by Chris McCarthy in Chicago)—Ron Zinn won the National 2 Mile in St. Louis with a 14:03.2 ahead of Akos Szekely and a honeymooning Jack Mortland. (This was a very late May issue since that race took place on June 22, one week after the betrothal of Jack and Marty. Yes, our 50th is on the horizon.) Ron Laird edged Matt Rutyna for fourth. . .The British 50 Km went to Ray Middleton in 4:16:43

45 Years Ago (From the May 1968 ORW)—Larry Young captured the National 35 Km in Pittsburgh with a 2:53:15, ahead of Canadian Karl Merschenz and Dave Romansky, who were about 4 minutes back. . .Bob Kitchen turned in a good track 50 Km on Long Island with a 4:25:56, just 2 minutes ahead of Ron Daniel. . .In New York, Dave Romansky recorded a 1:30:04 for 20 Km just 1:21 ahead of Ray Somers. John Knifton had a 1:32:46 and Daniel 1:33:08. . .The Zinn Memorial 10 Km in Chicago went to Gerry Bocci in 48:38. . .Your editor captured the Ohio 20 Km on a track in Ashland in 1:42:00. . .Jack Blackburn was an easy winner in the Ohio 2 Mile in Dayton in 14:59 with Mortland (your editor again) trailing in 15:13.

40 Years Ago (From the May 1973 ORW)—Mr. Consistency we called him. Bill Weigle won the National 50 Km in Des Moines with a 4:22:37. That marked his fourth 50 Km in 11 months with times ranging from 4:20:09 to 4:22:53. John Knifton was second in 4:30:21 and Laird third in 4:37:21. . .England's Roger Mills captured our 1 Hour title, covering 8 miles 252 yards, some 72 yards ahead of Knifton, a native Brit himself, but by this time an American citizen. Todd Scully and Ron Daniel followed with the first seven bettering 7 ½ miles.

35 Years Ago (From the May 1978 ORW)—Marcel Jobin, Canada, moved away from Todd Scully in the second half of the race to win the National 15 Km in Nassau, N.Y. in 1:06:49. Scully (1:09:09) finished well ahead of Dave Romansky (1:11:29). . .The NAIA 10 Km (track) went to Parkside's Chris Hansen in 46:20. John VanDenBrandt (Parkside) and Carl Schueler (Frostburg) followed. (Carl eventually got his, qualifying for four Olympic and two World Championship teams). . .Susan Liers had a world best for 1 Mile with 7:00.6 and four days later broke the American record for 5 Km with 23:41.3. . .The Zinn Memorial 10 Km went to Jim Heiring in 46:59, with an 18-year-old newcomer, Ray Sharp, finishing fifth in 51:58. . .In Mexico, Raul Gonzales did 50 Km in 3:45:52, nearly 7 minutes better than the previous best on record. He needed only 1:28:20 for the first 20 Km, and then accelerated over the next 10, before slowing to 1:33:35 over the final 20.

30 Years Ago (From the May 1983 ORW)—Mexico invaded the U.S. and Martin Bermudez led the field home in the National 50 Km in Monterey, Cal. His 3:50:43 was nearly 10 minutes ahead of countryman Felix Gomez. Marco Evoniuk won the U.S. title in 4:01:43, with Jim Heiring second in 4:07:28, just behind a third Mexican, Marcelino Colin. Dan O'Connor and Tom Edwards followed, with eight U.S. walkers under 4:30. . .Two weeks earlier, Colin came first in the National 15 Km in Santa Monica, Cal., his 1:02:58, edging Canada's Marcel Jobin (1:03:07). Heiring won the U.S. title in 1:03:26 a minute ahead of Sam Shick. Larry Walker, Peter Timmons, and Dave Cummings followed. . .Also at Santa Monica, Susan Liers-Westerfield won the women's National 15 Km in 1:17:17, 50 seconds ahead of Teresa Vaill, who was quite early in her seemingly endless career. Carol Brown and Vicki Jones were third and fourth.

25 Years Ago (From the May 1988 ORW)—Defying heavy rain, Teresa Vaill blitzed the first mile in 6:50 to take a substantial lead than she continually built on as she won the National 5Km in Overland Park, Kansas in 22:31.71. Debbi Lawrence was a minute behind in second with Wendy Sharp third in 24:05. . .Mike Stauch shattered his own meet record in winning his third straight NAIA 10 Km title in 41:56.4. His old record was 43:22.2. Dave Cummings just missed the old record with his 43:24.4 in second, 10 seconds of Doug Fournier. . .Ray Sharp id a 42:45 for 10 In San Francisco, beating Marco Evoniuk (42:21). Wendy Sharp (Mrs. Ray) was fourth in 49:30, her second race ever.

15 Years Ago (From the May 1998 ORW)—Joanne Dow won the National 20 Km in Albany, N.Y. with a record 1:34:46. Teresa Vaill was second in 1:36:26 and Victoria Herazo third in 1:41:16. In the National 30 Km held at the same time, Gary Morgan prevailed in 2:25:37, less than a minute ahead of Mike Rohl and John Soucheck. Bob Keating won the Masters race in 2:47:57, less than a minute ahead of Jim Carmine. Dave Romansky was another 2 minutes back in third. . .In Elk Grove, Illinois, National 15 Km titles went to Debbi Lawrence (1:13:24) and Tim Seaman (1:04:46). Victoria Herazo was 2 ½ minutes in back of Lawrence with Cheryl Rellinger third. Curt Clausen was on Seaman's heels for the first 10 Km and finished second, just 9 seconds back, with Andrew Hermann third in 1:07:19. . .Jonathan Matthews won the Masters title in 1:07:41. . .A couple of weeks earlier, Mathews won the Mortland 20 Km in Yellow Springs, Ohio with 1:33:23. Jill Zenner won the women's race in 1:43:07.

10 Years Ago (From the May 2003 ORW)—In the European Championships, held in Cheboksary, Russia, all three races saw walk-away winners. In the women's 20 Km, Yelena Nikolayeva scorched the first 5 to establish a lead of a minute and then increased that lead as the race proceeded. She won in 1:26:22 with Italy's Elisabetta Perrone second in 1:27:58 and Spain's Maria Vasco third in 1:28:10. Francisco Fernandez had a similar race in the men's 20. The Spaniard dropped all but two of his competitors on a 19:51 opening 5 and then broke away shortly after 10 to win in 1:19:48, well ahead of Italy's Alessandro Gandellini (1:20:52) and Russia's Vladimir Andreev (1:20:56). Poland's Robert Korzeniowski, even with Fernandez at 10, dropped out after getting a warning. In the 50, Russia's 39-year-old German Skurygin buried teammate Aleksey Noyevodin over the last 5 to win in 3:47:50. Voyvodin finished in 3:48:43, with Semen Lovkin, also of Russia, third in 3:51:36. Junior 10 Km races also went to Russians—Irina Petrova in 46:54 and Andriy Yurin in 41:32. . .On the home front, NAIA races went to British Columbia's Karen Foan (14:29.05 for 3 Km) and Rio Grande's Matt Boyles in 21:34.53 (5 Km). Boyles teammates from the small Ohio college finished second (Jim Robinson in 22:20.56) and fourth (Tim Sykes 24:36). Boyles also finished sixth in the 10 Km run (31:13) and 12th in the 5 Km run. . .The IAAF Racewalking Challenge races in Sesto San Giovanni, Italy, a couple of weeks ahead of the Euro Championships, went to Fernandez (1:19:48) and Ireland's Gillian O'Sullivan in 1:27:22. Robert Korzeniowski (1:19:48) was second and Ecuador's Jefferson Perez (1:20:47 third in the men's race. Norway's Kjersti Platzer (1:29:56) and Portugal's Susanna Feitor (1:30:17) followed O'Sullivan. . .Curt Clausen won a 50 Km on Long Island in 4:08:36 with Sean Albert second in 4:20:02..

5 Years Ago (From the May 2008 ORW)—Russians won four of five races at the World Cup, held on home turf in Cheboksary. The one they didn't win was the men's 20 Km, which went to Spain's Francisco Fernandez in 1:18:15, just 6 seconds ahead of Russia's Veleri Borchin. Another 13 seconds back in third was Eder Sanchez of Mexico. Russian's were one-two in the women's 20, Olga Kaniskina in 1:25:42 and Tatyana Sibileva in 1:26:29. Vera Santos of Portugal was a distant third (1:28:17). It was also a Russian one-two in the 50—Denis Nizhegorodov in 3:34:14 and Vladimir Kanaykin in 3:36:55. Italy's Alex Schwazer was third in 3:37:04. Junior 10 Km races went to Tatyana Kalmykova in 42:44 and Aleksey Batrasaykin in 39:57. In the men's race, Trevor Barron made his international debut at age 15 with a 46:18 in 42nd place. Mirando Melville was one place further back in the women's 10 with 53:25. . .I IAAF Challenge races in Italy, Jefferson Perez (Ecuador) and Kjersti Platzer (Norway) won at 20 Km in 1:20:31 and a 1:30:07, , Challenge races in Krakow, Poland went to Sanchez (1:19:34), by 1 second over Fernandez and Ryta Turava (Belarus) in 1:28:33